



# FORWARD

# TOGETHER

## MEALS ON WHEELS OF GREENVILLE

Annual Report

# 2022

# DEAR FRIENDS,



*Catriona Carlisle*

**Catriona Carlisle**  
Executive Director

The future of Meals on Wheels of Greenville has never looked brighter. In 2022, we executed the initial stages of our strategic plan with the purpose of growing with Greenville, providing our clients—both current and future ones alike—with an exceptional experience, and ensuring our organization maintains its 54-year reputation of excellence within the community.

As we reflect on all we accomplished this past year—**358,946 meals and visits delivered; 42 Companion Charlie tablets distributed; Greenville High School's Spirit Week beneficiary**—we're eager to do even more in 2023. This year will mark our 55th year of service to the homebound. Help us achieve our goals for this milestone year by:

- Gifting quarterly #MoreThanMeals bags to clients by making donations
- Providing friendly visits to 10-15 lonely individuals by volunteering to deliver meals
- Funding essential resources and new technologies by supporting our annual events

Thank you for your support over the past 54 years and for your continued support in the days ahead as we move forward, together.

**FOR MORE INFORMATION VISIT**  
[www.Mealsonwheelsgreenville.org](http://www.Mealsonwheelsgreenville.org)



**TAKE ACTION  
TODAY**

## 2022 BOARD MEMBERS

**HOWARD HOUSTON, CHAIRMAN**  
**EMMA BARKSDALE, VICE-CHAIRMAN**  
**RUSSELL SHEPHERD, SECRETARY**  
**BOBBY BROWNING, TREASURER**

**ANNE LEE BUCK**  
**AMY RYBERG DOYLE**  
**RAINY HOEFT, CPA, CIA**  
**DIANA JAHRIES**

**LUCAS MARCHANT**  
**ANDREA STEGALL**  
**DAVID SUDDUTH**  
**JOHNNY WENTZELL**



*Howard Houston*

**Howard Houston**  
2022 Chairman of the Board

## THE FACE BEHIND THE MENU

This past year, we were able to expand the variety of our menu and quality of our meals thanks to our new Kitchen Manager, Zann Crain. Born in Charleston and resident of Greenville for the past three and a half years, Zann came to us in January of 2022 with over 20 years' experience working and managing kitchens.



*"I love it here, it's wonderful," said Zann about working at Meals on Wheels of Greenville. "My kitchen team and I don't look at this as a job, but as something that God's put us here to do; giving back to these community members who have given so much to us."*

Each week, we have clients share with us how much they enjoy the meals they receive and to give their compliments to the chef. Coming into our kitchen, Zann wanted to add flavor, color, and diversity to the menu, and give our homebound clients restaurant quality meals they can enjoy at home. "Hearing how much they enjoy the meals makes my entire day," said Zann.

**ALLOW CHEF ZANN TO FEED YOUR HOMEBOUND LOVED ONES.**  
**Visit [MealsonWheelsGreenville.org/ReferaClient](http://MealsonWheelsGreenville.org/ReferaClient)**

**REFER A  
CLIENT**



# 2022 BY THE NUMBERS

## MEAL STATISTICS

358,946

**TOTAL MEALS  
DELIVERED**



2,465  
CLIENTS SERVED



895  
NEW CLIENTS

549

NEW VOLUNTEERS

302

REACTIVATED CLIENTS

## #MORETHANMEALS



2,850

EMERGENCY  
MEAL KITS

4,707  
#MORETHANMEALS  
BAGS DELIVERED



13

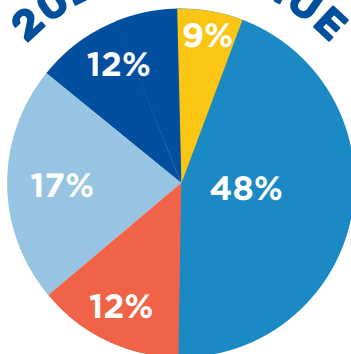
CRITICAL INCIDENTS  
HANDLED BY  
MOWGVL TEAM

\$1,734,045

IN VOLUNTEER  
HOURS DONATED

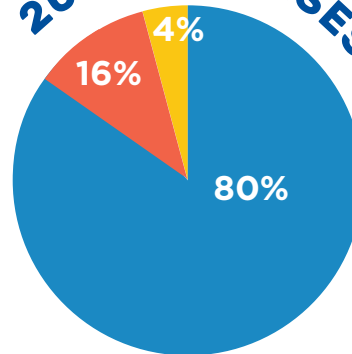


## 2022 REVENUE



- Individual Gifts
- Endowment
- Grants
- Special Events
- Business Related Income

## 2022 EXPENSES



- Program
- Development
- Administrative

## DID YOU KNOW?

Meals on Wheels of Greenville needs 140 volunteers every weekday to help deliver meals and check ins. Can you help?

One hour is all it takes to deliver meals and more to your homebound neighbors. Visit [MealsonWheelsGreenville.org/Volunteer](https://MealsonWheelsGreenville.org/Volunteer)



**BECOME A  
VOLUNTEER**



# GREENVILLE HIGH SCHOOL SPIRIT WEEK 2022

## MAY

### GHS Spirit Week Beneficiary Announced

"There's a need for Meals on Wheels in our community. We wanted to help those who came before us and who helped build our city."

—Mae Wright, 2022 Greenville High School Student Body Vice President



## JUNE-AUG

### ► GHS Students Volunteer

GHS students spent summer vacation time volunteering with us; packing meals in our kitchen and labeling emergency meal kits.

### ► GHS Spirit Week!

The week of GHS Spirit Week was one we'll never forget. From the Sophomore class car wash at our office to our staff attending the big game against J.L. Mann; it was a great week raising #DoughForMOW!

## SEPT



You may have heard people say that your younger years are a time to be selfish. After being chosen as the 2022 Greenville High School Spirit Week beneficiary, we can assure you these generous teens are entirely selfless. Each year, high schools across Greenville County host Spirit Weeks to raise money and awareness for local nonprofits.

"When we found out they selected us, it was a true honor," said Catriona Carlisle, Meals on Wheels of Greenville executive director. "We appreciate the great effort these students dedicated to raising funds to benefit our homebound clients, but more than that, it gave us the opportunity to share our mission and impact with today's youth."

**GHS raised a record-breaking total of \$308,078!** These funds are providing #MoreThanMeals; more Companion Charlie tablets, quarterly gift bags, emergency meal kits, etc. To the students of GHS, thank you again for your contagious dedication to our cause and for making a difference in the lives of our homebound neighbors."

**JOIN THESE FUTURE LEADERS AND GIVE #MORETHANMEALS.**

Visit [www.MealsonWheelsGreenville.org/Donate](http://www.MealsonWheelsGreenville.org/Donate)



**MAKE A  
DIFFERENCE**





# SAY HELLO TO COMPANION CHARLIE

Over the course of 54 years, delivering meals to Greenville County's homebound, we have learned that while daily nutrition is a necessity for these individuals, social connection is just as crucial. Prior to the COVID-19 pandemic, 1 in 3 seniors lived alone and 1 in 4 said they felt lonely (Meals on Wheels America, 2021). While the temporary isolation most of us experienced was new and unfamiliar, that is our homebound neighbors' everyday reality.

*"If anything good came out of COVID, it's a better understanding of how loneliness and isolation impact physical and mental health,"* shared Catriona Carlisle, Meals on Wheels of Greenville executive director. With that, allow us to introduce you to the **Companion Charlie tablet program**.



**Companion Charlie uses technology to improve the lives of our clients within their own homes by connecting them with friends, family, and our staff. Participating clients are provided with a tablet outfitted with cellular data for one year—free of charge. These tablets allow them to:**

- Receive daily pictures, videos, and messages from those in their circle
- Follow virtual exercises classes
- Play games on their own or with friends
- Watch virtual events like Church livestreams
- Search for videos on YouTube such as their favorite songs
- View the weekly MOWGVL menu



**WYFF STORY  
ON COMPANION  
CHARLIE**

Mother and daughter clients of ours, Janie and Pamela Acker, are both enrolled in Companion Charlie and have found it to be beneficial. While they each live in Greenville, they both face physical and mental health obstacles that keep them homebound. "It's been great to send reminders or check in through the tablets when neither of us are able to be face-to-face or have the energy to get on the phone," said Pamela. "It's also helped us keep in touch with family members out of state and them with us."

Janie has been able to tune-in each week to watch In Touch Ministries sermons, play games like Scrabble, and receive pictures from her best friend from high school, Judy. "I enjoy it, for me it's been kind of a blessing," said Janie. Each week, our staff or volunteers send these clients anything from photos of themselves to trivia questions to simply asking about their days. Companion Charlie has helped us engage with our clients past their front doors and we look forward to growing this program.

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**GIVE TODAY. CHANGE TOMORROW.**  
**Visit [MealsonWheelsGreenville.org/Donate](https://MealsonWheelsGreenville.org/Donate).**

*"The tablet has been a godsend. I spend a lot of time alone, especially since I have been sick. It gives me other things to concentrate on. Thank you so much for the opportunity to use the tablet."* – Monica B. Meals on Wheels of Greenville Client

## 2023 EVENTS CALENDAR

Mark your calendars with all our 2023 fundraising events!

**APRIL 22** **Wheels for Meals Charity Ride**  
Trailblazer Park in Travelers Rest, SC

**OCT 2** **Meals on Cart Wheels Golf Tournament**  
Holly Tree Country Club

**OCT 12** **Young Professionals Fall Social**  
Meals on Wheels of Greenville Office

**NOV 28** **Mealed It!**  
Giving Tuesday Virtual Fundraiser

Visit [MealsonWheelsGreenville.org](https://MealsonWheelsGreenville.org) to learn more.



LEARN MORE ABOUT  
2023 EVENTS

## VOLUNTEER IN 2023

Meals on Wheels of Greenville volunteers come from all backgrounds and reasons for giving their time. However, they all share a common goal: to help others. No matter what your schedule is like, we have a volunteer opportunity for you:

**MEAL DELIVERY**

**MEAL PACKING**

**MEAL DISTRIBUTION**

**WORKING SPECIAL EVENTS**

Visit [MealsonWheelsGreenville.org/Volunteer](https://MealsonWheelsGreenville.org/Volunteer).



SIGN UP TO  
VOLUNTEER