



# #MoreThanMeals for 55 years

Meals on Wheels of Greenville – Fall 2023



Ms. Betty



*Catriona Carlisle*

**Catriona Carlisle**  
Executive Director



**Provide Meals  
and More**

## DEAR FRIENDS,

What does it mean to receive more than meals? It means a daily wellness check to show you that someone cares; a birthday cake to remind you that you are not forgotten; a face-to-face conversation to nourish human connection; a chance to remain independent in the comfort of your own home.

At Meals on Wheels of Greenville, we've had 55 years to cultivate what it means to provide more than meals to the homebound. When faced with new, ever-growing needs within our community, instead of saying no, our instinct has always been—and always will be—to determine just how much more we can be of service to others.

### Celebrate 55 years of delivering #MoreThanMeals with us by:

- **Giving a gift.** \$125 provides meals and more for one homebound client for a month.
- **Attending a volunteer orientation.** Next in-person orientation is at 5:30 p.m. on September 19 at our office. Learn how the gift of time can make an impact.
- **Referring a friend or family member.** Allow us to be of service to you and your homebound loved ones by contacting our client services team at 864.233.6565.

### Visit [MealsonWheelsGreenville.org](http://MealsonWheelsGreenville.org) to make an impact.

*"I enjoy the meals, the volunteers who converse with me, and I just appreciate everything you all do," says Meals on Wheels of Greenville client, Ms. Betty.  
"Happy 55th Birthday, Meals on Wheels of Greenville."*



**1968**

First meal delivered  
from Westminster

**1990**

New office built at  
15 Oregon Street

**2018**

12 millionth meal delivered  
for 50th anniversary

**2023**

Extended meal service with  
thermal controlled vehicle

## HOLIDAY CAUSEBARS AND CARDS

### Get a jumpstart on the holidays with Meals on Wheels of Greenville!

Send season's greetings to your loved ones with our custom holiday cards; specially designed by local artist and Meals on Wheels of Greenville Young Professionals member, **Lucy Pressly** of [@lucy\\_sundaystudio](https://www.instagram.com/lucy_sundaystudio). E-cards are available too!

Our gourmet chocolate CauseBars make for sweet stocking stuffers and are wrapped in artwork specially designed by **Lacey Hennessey** of [@lacey\\_does](https://www.instagram.com/lacey_does). Flavors come in either Milk Chocolate or Dark Chocolate with Smoked Sea Salt. Every CauseBar purchased provides a homebound client with an emergency meal kit to use in the event our standard delivery is halted.

Spread holiday cheer while providing #MoreThanMeals for your homebound neighbors.

Contact Rhonda at [rhovious@mowgvl.org](mailto:rhovious@mowgvl.org) or 864-233-6565 to place your orders.



# A LIFE CHANGING DELIVERY

Robbie DeMars has been delivering for us with Fluor Cares for 33 years. Meals on Wheels of Greenville is the largest volunteer activity for Fluor's Greenville office with more than 80 employees donating their lunch hour to deliver meals each month.

What began as a hectic morning for DeMars quickly turned into a life-changing day. "It was a frustrating morning," said DeMars. "I went back to my office for a moment to collect myself before heading out. I enjoy connecting with the clients on my route and I wanted to be my best for them."



Mr. Johnny—a regular stop on DeMars' route—was always home for delivery, but on this day, he did not answer the door. DeMars reached out to the emergency contact—Mr. Johnny's son—who confirmed that his father should be home. Still unable to get an answer and with the son's permission, DeMars checked and found the door unlocked. With approval, he entered the home and found Mr. Johnny on the floor. He had fallen and been unable to get up for two days. DeMars called 911 and stayed with Mr. Johnny until help arrived.

Thanks to DeMars' compassion and dedication, Mr. Johnny was rushed to the hospital to get the help he needed. While these situations don't happen every day, this event stresses the importance of our volunteers not only delivering meals but providing human contact to check on the wellbeing of our homebound neighbors. For Mr. Johnny, it was truly a life-saving delivery.

**Join DeMars and the 80+ Fluor Cares volunteers like him in supporting Meals on Wheels of Greenville.**

**Visit [MealsonWheelsGreenville.org/Volunteer](https://MealsonWheelsGreenville.org/Volunteer) to sign up.**



Sign up to  
volunteer

## INVESTING IN THE NEXT GENERATION

Meals on Wheels of Greenville Young Professionals (MOWGYP) was established in 2018 at a time when we were assessing organizational growth. *"We realized we needed to grow our volunteer base and put more of an effort into getting young community members involved,"* said Karla Mendiola, Meals on Wheels of Greenville Annual Giving Manager.

Since its inception, **MOWGYP has provided over 9,606 meals and volunteer check ins for our homebound clients.** *"We've created a strong young professionals group with individuals who are passionate about our mission and will guide Meals on Wheels of Greenville into the future,"* said Karla. Currently sitting at 63 members, MOWGYP supports our mission by: participating in group volunteer days; fundraising to provide emergency meal kits; advocating on our behalf at networking events; and hosting an annual Fall Social for community partners to come together in support of the homebound.

*"I chose to join MOWGYP, because I wanted to help serve the community through a local organization where I could see the impact firsthand,"* said John Stathakis, MOWGYP vice chair. The investment our young community members put in now will only strengthen over time and when they become the decision makers, Meals on Wheels of Greenville will be front of mind.

**Visit [MealsonWheelsGreenville.org/YP](https://MealsonWheelsGreenville.org/YP) to learn more.**



See our  
MOWGYPs in  
action



Meals on Wheels Greenville County  
15 Oregon Street | Greenville, SC 29605  
Phone: 864.233.6565 | Fax: 864.235.1264  
[www.MealsOnWheelsGreenville.org](http://www.MealsOnWheelsGreenville.org)

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THANK YOU FOR 55 YEARS OF #MORETHANMEALS

2024  
**SWEETHEART**  
*Charity Ball*

PRESENTED BY  
GREENVILLE MAINTENANCE SERVICES, INC.

*Save The Date*

**SATURDAY, FEBRUARY 10, 2024**

GREENVILLE CONVENTION CENTER

An unforgettable experience for a worthy cause. Join us for an elegant evening out in benefit of Greenville County's homebound.



For tickets, sponsorship, or auction information visit  
[MealsonWheelsGreenville.org/Sweetheart](http://MealsonWheelsGreenville.org/Sweetheart)

*Mealed It!*

**HOLIDAY!**



Meals on Wheels of Greenville is heading back into the kitchen for the biggest decorating battle of the holidays. Join us on Giving Tuesday for Mealed It!

**Website goes live October 11!**

MEALS ON WHEELS OF GREENVILLE

**YOUNG**  
PROFESSIONALS

— **FALL SOCIAL** —

SAVE THE DATE  
**OCTOBER 12, 2023**

