



# Meals on Wheels of Greenville

## 2023 Annual Report





DEAR FRIENDS,



2023 was a memorable year for Meals on Wheels of Greenville. **Did you know our delivery volunteers drove 234,591 miles to bring meals and visits to clients?** That's equivalent to traveling nine times around the earth!

While internally undergoing changes to organizational procedures and departmental dynamics, our commitment to provide #MoreThanMeals to the homebound and others in need never wavered, resulting in **382,936 nutritious meals and wellness check-ins delivered.**

We also increased our efforts to support and build on the work of local partner agencies. In May, **we joined the South Carolina Veteran Coalition** to help improve care and access to resources for Veterans and their families. Our desire to become a leader in the fight against food insecurity in Greenville County saw us collaborating with five new partner agencies. These exemplary numbers and achievements from this past year are a testament to the dedication of our impassioned staff and Board of Directors, devoted network of volunteers, and generous financial supporters.

We are deeply grateful for the trust you place in us to channel your contributions into creating a better community for the homebound and others here in Greenville County.

With gratitude,



*Catriona Carlisle*  
**Catriona Carlisle**  
Executive Director

*Emma Barksdale*  
**Emma Barksdale**  
2023 Chairman of the Board

## 2023 BOARD OF DIRECTORS

**EMMA BARKSDALE, CHAIRMAN**  
**RUSSELL SHEPHERD, VICE-CHAIRMAN**  
**RAINY HOEFT, CPA, CIA, TREASURER**  
**JIMMY BUDDENBERG, SECRETARY**

**ANNE LEE BUCK**  
**AMY RYBERG DOYLE**  
**HOWIE HOUSTON**  
**DIANA JAHRIES**  
**LISA LANDRETH**

**LUCAS MARCHANT**  
**ANNA MILLS**  
**LAUREN PRICE**  
**LAURIE THERIOT ROLEY**  
**ANDREA STEGALL**

## WHAT WILL YOU DELIVER?



Every donation you make to Meals on Wheels of Greenville helps us deliver nutritionally balanced meals, wellness check-ins, independence, and connections to homebound neighbors and others in need in our community.

**For one homebound client...**

**\$35**

provides a meal and quarterly #MoreThanMeals gift bag

**\$750**

guarantees six months of volunteer wellness check-ins

**\$125**

delivers one month of healthy nutrition and social connection

**\$1,500**

personally supports an entire year of service

Choose what you would like to deliver and donate today, at **[MealsOnWheelsGreenville.org/Donate](https://MealsOnWheelsGreenville.org/Donate)**



**Make a Donation**



## 2023 BY THE NUMBERS



### MEAL STATISTICS

382,936

**TOTAL MEALS  
DELIVERED**



2,659  
CLIENTS SERVED



954  
NEW CLIENTS

479  
NEW VOLUNTEERS

27-101  
CLIENT AGE RANGE



### #MORETHANMEALS

4,962

#MORETHANMEALS  
BAGS DELIVERED



2,575

EMERGENCY  
MEAL KITS

\$1,852,859

IN VOLUNTEER  
HOURS DONATED



17

CRITICAL INCIDENTS  
HANDLED BY  
MOWGLI TEAM

63

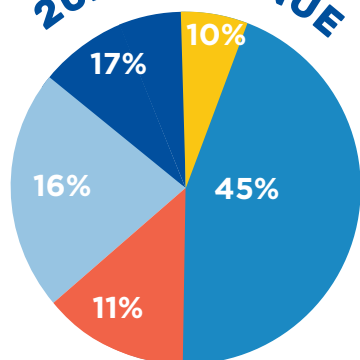
CLIENTS ENROLLED IN  
PET FOOD PROGRAM



107

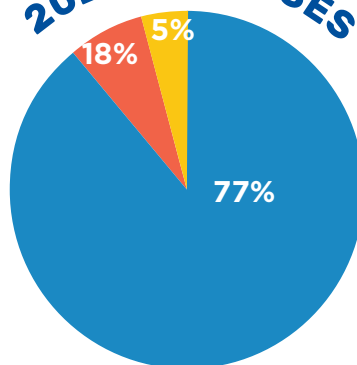
AVERAGE BIRTHDAY  
CAKES A MONTH

### 2023 REVENUE



- Individual Gifts
- Endowment
- Grants
- Special Events
- Business Related Income

### 2023 EXPENSES



- Program
- Development
- Administrative

## DID YOU KNOW?

In 2023, our team handled 17 critical incidents—one of which involved a client who had fallen over the weekend and laid on the floor for two days until our volunteers knocked on their door.

Scan the QR Code to hear how much our check-ins can make a difference. If you have a homebound loved one in your life who could benefit from our check ins, visit [MealsonWheelsGreenville.org/Refer](https://MealsonWheelsGreenville.org/Refer)

Watch Video





## WHO WE ARE

Meals on Wheels of Greenville is the town's helpful neighbor for people in need. We're new friends who become fast friends. We're caring, nurturing, and compassionate. That true friend you call when you need a hot meal, words of encouragement, a helping hand, or just want to share a story that you know we'll understand.

Our vision is to make Greenville County a place where each member of the community has a consistent source of nourishment. Through programs that provide meals and connections, we are passionately committed to alleviating food insecurity and social isolation for the homebound and others in Greenville County.



### MEALS ON WHEELS OF GREENVILLE

Build accessible programs that provide the homebound and others with nourishment through meals and connections.



### MORE THAN MEALS

Impact our additional services have on our clients' overall health and wellbeing that goes well beyond their front doors.



### FOOD ACCESS

Delivery mechanism to provide nourishment to food insecure members of our community, regardless of location.



### COMMUNITY

Partnerships with local organizations to bring nourishment to all community members in need through nutrition and connection.

These make up the foundation on which our new home and programs will be built. We are eager to progress our role as a source of nourishment for all Greenville County community members in need in a space that will encourage us to grow.

Learn more about who we are at [www.MealsonWheelsGreenville.org](http://www.MealsonWheelsGreenville.org)

Learn More



# EFFECTIVE CHANGE THROUGH PARTNERSHIP



While the well-being of our homebound clients will always be the core of our mission here at Meals on Wheels of Greenville, we want to do more for others in our community. And if you didn't know, we already are.

Meaningful collaborations we have established over the years—five alone in 2023—have taught us to become true partners in working to build a better community for all here in Greenville County.

## Food Insecurity & Nutrition

### • **Project Host's Cooking for Kids program**

Since 2021, we serve as the delivery mechanism to bring hot meals to children enrolled in five of their after-school programs.

### • **Mill Village Food Share program**

Mill Village's FoodShare boxes give community members, regardless of income or location, better access to fresh produce. We deliver boxes to 50 of their most vulnerable clients every other Wednesday.

### • **Fresh produce from Feed & Seed Co.**

Quarterly, Feed & Seed Co. sends us fresh, locally grown vegetables to use into our weekly menus for both home delivered and congregate dining meals, and our #MoreThanMeals bags.

### • **Hathaway Family Foundation collaboration**

In 2023, we began collaborating with the Hathaway Family Foundation to help address root causes of food insecurity by supporting the following agencies:

- **United Ministries** – Bring meals to families enrolling in their Emergency Shelter program to help them get settled.
- **Greenville Free Medical** – Provide 75 frozen meals a week to use as prescriptions for eligible low-income, uninsured Greenville County residents.
- **Pendleton Place** – Assemble and deliver 20 picnic lunches every Thursday to their Youth Resource Center for homeless youths dropping in.



## Human Services

### • **Thrive Upstate**

When the COVID-19 pandemic hit, Thrive Upstate was looking for a way for their participants with disabilities and special needs to give back to the community. They have been delivering three times a week ever since.

### • **Broadstep Behavioral Health**

Formerly known as Excalibur Youth Services, Broadstep provides a continuum of support for children and adults in the intellectual and developmental disabilities (I/DD) community and every Wednesday, their participants pick up four delivery routes.

### • **Barbara Stone Foundation volunteers**

Once a week, two participants from the Barbara Stone Foundation—a local nonprofit supporting individuals with disabilities—volunteer at our office to help in our kitchen, pack supplement bags, and fold envelopes.



## Senior & Veteran Welfare

### • **Senior Action Congregate Dining**

We serve as the food vendor for their senior congregate dining sites throughout Greenville County, delivering about 950 nutritionally-balanced pan meals five days a week since 2019.

### • **South Carolina Veteran Coalition**

Last May, we became a member of the South Carolina Veteran Coalition to help improve care and access to resources for Veterans and their families. We are proud to serve over 350 clients who are either Veterans or family members of Veterans.

Learn more about our collaborative efforts at [MealsonWheelsGreenville.org](https://MealsonWheelsGreenville.org)

Learn More





## VOLUNTEER IN 2024

Meals on Wheels of Greenville volunteers come from all backgrounds and have many reasons for giving their time, however, they all share the same goal: to help others.

No matter what your schedule is like, we have a volunteer opportunity for you.

**MEAL DELIVERY**

**MEAL PACKING**

**MEAL DISTRIBUTION**

**SPECIAL EVENTS**

**OFFICE ASSISTANCE**

**VIRTUAL TEACHINGS**

Learn more about volunteering at  
[MealsonWheelsGreenville.org/Volunteer](https://MealsonWheelsGreenville.org/Volunteer)



**Register Today**

## 2024 EVENTS CALENDAR

Mark your calendars with all our upcoming 2024 fundraising events!

**OCT  
7**

**Meals on Cart Wheels  
Golf Tournament**

Holly Tree County Club

**OCT  
17**

**Fall Social Hosted by Young  
Professionals Group**

Meals on Wheels of Greenville

**DEC  
3**

**Mealed It!  
Giving Tuesday Fundraiser**

Facebook virtual event

Visit [MealsonWheelsGreenville.org](https://MealsonWheelsGreenville.org) to  
learn more about our 2024 events.

**Learn More**

