



**SERVING**

*confidence • support • security*

*Meals on Wheels of Greenville • Fall 2019*

# Be the Support Our Homebound Need

Every day, over 8 million seniors face the threat of hunger in the United States. In South Carolina alone, nearly 200,000 seniors worry about where their next meal will come from. Almost half of those seniors in our state live alone, and the majority live in a rural area with severely limited access to the support they need. Every year, the month of September marks Hunger Action Month and Meals on Wheels of Greenville is proud to support Feeding America's national effort to promote hunger awareness. In support of this effort, our mission is simple. Each day, we support nearly 1,500 homebound individuals and seniors throughout Greenville County by providing nutritious meals, personal interaction, and independence. Achieving this mission is not as simple. We can't provide the assurance of our homebound neighbor's next meal without support. Our organization relies on individual contributions and support from the community to ensure our homebound clients remain confident they will receive their daily meal. This support comes in many forms such as monetary donations, generous volunteers, and ensuring those in need receive meals by referring a client to us. But the need is real—and increasing. Hunger Action Month is a great time to make your commitment to the fight against hunger. Just \$5.00 provides a meal for someone in need. With your support, we can do even more. Please consider providing that next nutritious meal and personal interaction the homebound in our community desperately rely on.



Join us in the fight against food insecurity and loneliness by making a gift today at [www.MealsonWheelsGreenville.org/donate](http://www.MealsonWheelsGreenville.org/donate).

Together, we can care for our hungry and lonely neighbors...one meal and visit at a time.

*Catriona Carlisle*

**Catriona Carlisle**, Executive Director

*Statistics provided by Meals on Wheels America.*

## We Can Do More Together

In our daily fight against food insecurity and loneliness of the homebound population in Greenville County, we're significantly reliant on community support. As organizations join in on the fight, valuable partnerships are built. Meals on Wheels of Greenville is thrilled to have the support of our many Route Partners, including the Greenville Triumph. As a new partnership, Triumph players and staff have embraced our mission of delivering #MoreThanMeals by celebrating birthdays of clients on their routes, supporting our organization financially and through building community awareness. Our Route Partner program allows companies and other organizations the opportunity to support Meals on Wheels of Greenville in various ways. Whether it be meal delivery, meal packaging, financial support, event support, grant nominations—every contribution makes a difference in the life of a homebound neighbor. Without these acts of support from our community, we couldn't combat the hunger and loneliness these individuals face daily.

You can deliver #MoreThanMeals, too.

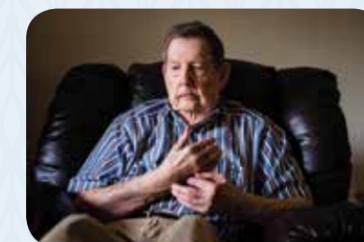
Learn more about getting involved at [www.MealsonWheelsGreenville.org/volunteer](http://www.MealsonWheelsGreenville.org/volunteer).



## Delivering Confidence to Our At-Risk Neighbors

What does the threat of hunger really look like? Food insecurity is a nationwide crisis, affecting millions of people in our country each day. From an outside perspective, it can be difficult to understand the severity of not knowing where your next meal will come from. This silent threat could be affecting your friends, your neighbors, and your community.

Ernest, 92, and Betty, 63, are a father-daughter duo that live in an apartment with their two spunky cats. Betty, who retired from her career only three years ago, now spends her days as the full-time caretaker of her father Ernest. But if you ask her, she relies on him just as much as he relies on her. After Ernest's wife passed in 2004 and Betty's husband passed in 2005, both quickly realized how important it was to have each other for support and moved in together.



In 2018, Betty suffered from a heart attack and suspected stroke that left her weak on one side of her body and Ernest fought through a kidney infection and the implantation of a pacemaker. The duo's health battles made preparing meals a strenuous task. As her father's only caretaker, Betty felt the pressure of not being able to provide the assurance of a simple meal to the only family she had left.

Ernest and Betty began receiving Meals on Wheels in August 2018 and both recall the sense of security felt knowing they wouldn't have to worry about their next meal any longer. "It's nice to get meals," said Ernest, with a smile on his face. "I enjoy them." Through all of their challenges, Ernest and Betty remain positive each and every day, knowing that even after their first full year of service, they will continue to receive a hot, nutritious meal and daily check-in from a volunteer.

Ernest and Betty aren't alone—each day, millions of Americans feel the pressure of not knowing where their next meal will come from. Meals on Wheels of Greenville relies on community support to combat food insecurity and loneliness in nearly 1,500 homebound individuals in our community. But we need your help more than ever and Hunger Action Month is the perfect time to join the cause.

Show Ernest and Betty you care by making a gift to combat hunger and loneliness. Use the enclosed envelope or visit [www.MealsonWheelsGreenville.org/donate](http://www.MealsonWheelsGreenville.org/donate) to join the fight.

## Send a Holiday Card

to Support Ernest, Betty and our other homebound clients

Get an early start to the season by ordering your holiday cards through Meals on Wheels! Each holiday card purchased provides a meal and volunteer visit for a homebound neighbor in need.

Contact us at 864.233.6565 or [donate@mowgvl.org](mailto:donate@mowgvl.org) for additional information and to order your cards in advance.



Meals on Wheels Greenville County  
15 Oregon Street | Greenville, SC 29605  
Phone: 864.233.6565 | Fax: 864.235.1264  
[www.MealsonWheelsGreenville.org](http://www.MealsonWheelsGreenville.org)

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Community Partner

*Save the Date!*



**Thursday,  
October 17, 2019**

**Meals on Wheels of Greenville  
Young Professionals Fall Social**

**Birds Fly South | 1320 Hampton Ave | 5:30 – 7:30 pm**

*Get Connected  
with Our Mobile App*

**ServTracker®**

Did you know we have a mobile app? **ServTracker Mobile Meals** is a free download in your app store and allows for real-time reporting when delivering your route. It makes delivery easier for volunteers by connecting them directly to our client services team to confirm when a meal is or isn't delivered to a client. This allows our team to follow up quickly to ensure the client is safe or contact their family if we can't reach them.

Next time you deliver, ask our Volunteer Services team to set up the app and make your delivery even easier!

2020  
**SWEETHEART**  
*Charity Ball*

**SATURDAY,  
FEBRUARY 1, 2020**

MEALS ON WHEELS OF GREENVILLE  
2020 SWEETHEART CHARITY BALL

HYATT REGENCY ♦ 220 N. MAIN STREET ♦ 6:00 PM